











Spring / Summer Menu Week 3

28th April, 19th May, 9th June, 30th June, 21st July, 11th Aug, 1st Sept, 22nd Sept, 13th Oct, 3rd Nov 2025

Eativerse
A UNIVERSE OF FOOD AND DRINK

WEEK THREE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option 1	Margherita Pizza & Tomato Pasta Salad	Beef Lasagna & Garlic Bread 	Roast Chicken, Gravy, Stuffing & Mashed Potato	Chicken Meatballs & Sunny Rice 	MSC Fish Fingers & Chips
Main Meal Vegetarian	Beany Burrito & Potato wedges	Vegetable Lasagna & Garlic bread	Quorn Grill, Gravy, Yorkshire pudding & roast potatoes	Veggie Meatballs & Sunny Rice 	Cheese & onion puff pastry roll
Vegetables	British Red Tractor Garden Peas, Baked Beans 	Broccoli, Cauliflower & Carrots 	Broccoli, Carrots & Sweetcorn 	British Red Tractor Garden Peas or Sliced Carrots 	British Red Tractor Garden Peas, Baked Beans 
Jacket Potatoes		Jacket Potato with Cheese, Tuna, or Beans			Jacket Potato with Cheese, Tuna, or Beans
Sandwiches	Ham Sandwich		Tuna Sandwich		Cheese sandwich
Dessert	Strawberry Mousse & Fruit Slices 	Chocolate Cookie & Orange Wedges ^{VG} 	Vanilla Sponge cake	Chocolate Crunch 'Concrete' ^{VG} & Custard	Flapjack

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Vegan

VE

England's target for 'free sugar' intake for your child

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.