

# Autumn / Winter Menu Week 1

10<sup>th</sup> Nov 1<sup>st</sup> & 22<sup>nd</sup> Dec 19<sup>th</sup> Jan 9<sup>th</sup> Feb 2<sup>nd</sup> & 23<sup>rd</sup> March

**Eativerse**  
A UNIVERSE OF FOOD AND DRINK

WEEK ONE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
<b>Main Meal Option 1</b>	Red Tractor Pork Sausage Roll & Home-baked Potato Wedges	Red tractor Beef Taco with Corn Tortilla, Tomato sauce & sunny Rice	Roast Chicken, Gravy, Stuffing & Mashed Potato or Roast Potatoes	Cheese & Tomato Pizza With Wedges	MSC Fish Fingers & Chips
<b>Main Meal Option 2</b>	Cheese & Onion Pastry Roll & Home-baked Potato Wedges	Italian Quorn Meatballs served with Rice	Quorn Grill, Gravy, Stuffing & Roast Potatoes 	Vegetable Sausage in a bun with home baked wedges	Jacket Potato & mild veg Chilli
<b>Vegetables</b>	Baked Beans & Sweetcorn 	Mixed Salad or Broccoli 	Seasonal Greens & Carrots 	British Red Tractor Garden Peas, Sweetcorn 	British Red Tractor Garden Peas, Baked Beans 
<b>Baked Jacket Potatoes</b>	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Freshly made Cheese, Tuna or Ham Sandwich	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Freshly made Cheese, Tuna or Ham Sandwich
<b>Dessert</b>	Vanilla Shortbread <sup>VG</sup> & Chocolate Sauce	Chocolate Cake & Custard 	Strawberry Jelly <sup>VG</sup>	Oaty Date Cookie 	Vanilla Ice Cream

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt



England's target for 'free sugar' intake for your child  
Recommended fruit and vegetable portion sizes are calculated using School Food Standards.  
On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.