



My Curriculum Map

2025/2026

	TERM 1		TERM 2		TERM 3	
Reception	Introduction to PE : Unit 1	Gymnastics : Unit 1	Fundamentals : Unit 1 Dance : Unit 1	Ball Skills : Unit 1 Gymnastics : Unit 1	Games : Unit 1 Fundamentals : Unit 2	Games : Unit 2
Reception	Introduction to PE : Unit 1	Gymnastics : Unit 1	Fundamentals : Unit 1	Ball Skills : Unit 1 Gymnastics : Unit 1	Games : Unit 1 Fundamentals : Unit 2	Games : Unit 2
Year 1	Gymnastics Fundamentals	Rugby Ball Skills	Yoga Target Games	Fundamentals Sending and Receiving	Target Games Athletics	Fitness Net and Wall Games
Year 2	Gymnastics Ball Skills	Rugby Sending and Receiving	Yoga Target Games	Dance Sending and Receiving	Fitness Striking and Fielding Games	Target Games Athletics
Year 2	Gymnastics Ball Skills	Rugby Sending and Receiving	Yoga Target Games	Dance Sending and Receiving	Fitness Striking and Fielding Games	Target Games Athletics
Year 3	Rugby Football	Gymnastics Hockey	Yoga Dodgeball	Dance Tennis	Fitness Cricket	Ball Skills Y3/4 Athletics
Year 3/4	Rugby Football	Gymnastics Hockey	Yoga Dodgeball	Dance Tennis	Fitness Cricket	Ball Skills Y3/4 Athletics
Year 4	Rugby Football	Gymnastics Hockey	Yoga Dodgeball	Dance Tennis	Fitness Cricket	Ball Skills Y3/4 Athletics
Year 5	Swimming Football	Yoga Hockey	Rugby Dodgeball	Dance Tennis	Fitness Cricket	Rounders Athletics
Year 5	Yoga Football	Swimming Hockey	Rugby Dodgeball	Dance Tennis	Fitness Cricket	Rounders Athletics
Year 6	Gymnastics Hockey	Yoga Football	Swimming Dodgeball	Dance Tennis	Rounders Cricket	Rugby Athletics
Year 6	Gymnastics Football	Yoga Hockey	Dance Dodgeball	Swimming Tennis	Rounders Cricket	Rugby Athletics